



Mental Health and Psychosocial Support Minimum Service Package (MHPSS MSP)

What is the MHPSS MSP?

The MSP informs humanitarian response planning. It offers an **easy-to-follow guide** to the highest priority MHPSS activities needed during a humanitarian crisis to address the mental health and psychosocial support needs of affected populations.

There are **four** sections of MSP activities:

- 1 **Inter-agency and intersectoral coordination and assessment**
- 2 **Essential components of all MHPSS programmes**
- 3 **MHPSS programme activities**
- 4 **Activities and considerations for specific settings**

All activities are based on evidence and expert consensus.

Each activity includes:

- Brief introduction
- Checklist of actions
- Relevant guidelines, standards and tools

Additional tools:

- MSP Gap Analysis Tool
- MSP Costing Tool

How does it work?

The MSP is designed for use in **all types of humanitarian emergencies** that require a coordinated international response, including armed conflicts, natural disasters and public health emergencies.

Different stakeholders may use the MSP to:

Coordinate and collaborate

- ✓ Identify and address gaps in the MHPSS response
- ✓ Advocate for MHPSS needs and activities
- ✓ Work across sectors and stakeholders

Plan and make decisions

- ✓ Prioritize MHPSS activities as part of the humanitarian response
- ✓ Estimate costs and develop budgets

Implement activities

- ✓ Find guidance on how to implement individual MHPSS activities
- ✓ Determine who can contribute to which activities and divide up tasks more easily

Who is it for?

The MSP is a resource **for all humanitarian actors**, with diverse backgrounds, qualifications and levels of experience. This includes response coordinators, programme planners, donors, technical advisors and any other organization or individual implementing MHPSS activities.

Multistakeholder

- ✓ Response coordinators
- ✓ Donors
- ✓ Any organization or individual implementing MHPSS activities
- ✓ Programme planners
- ✓ Technical advisors

Multisectoral

- ✓ Health
- ✓ Education
- ✓ Protection (including child protection, gender-based violence and mine action)
- ✓ Nutrition
- ✓ Camp coordination and camp management (CCCM)
- ✓ Shelter and settlements
- ✓ Water, sanitation and hygiene (WASH)
- ✓ Food security and livelihoods
- ✓ Government actors, UN other agencies, civil society and (I)NGOs, private organizations and individuals.



No single organization can implement all MHPSS activities. All **stakeholders must work together** and coordinate their efforts. Depending on their mandate and capacities, some organizations will be better placed than others to implement certain activities.

What is the goal?

To improve the humanitarian MHPSS response:

- ✓ Better coordinated
- ✓ More predictable
- ✓ More efficient
- ✓ Higher quality
- ✓ More equitable
- ✓ More scalable and sustainable

↳ Contributing to **reduced suffering and improved mental health and psychosocial well-being** among people affected by humanitarian crises.

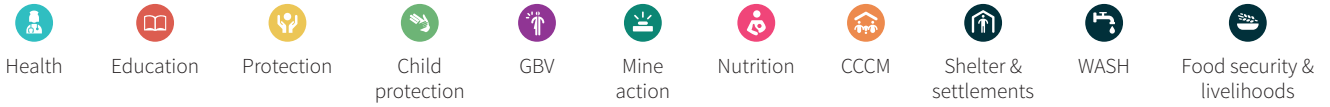
Find out more:
<https://mhpsmsp.org>





MHPSS MSP Activity Overview

Sectors and AoRs



Colored icons refer to sectors of AoRs typically well placed to deliver the activities while dark blue icons refer to those typically well placed to support the implementation of activities

Section 1: Inter-Agency Coordination and Assessment

The response is well coordinated and responsive to context, needs and gaps

- 1.1 Coordinate MHPSS within and across sectors
- 1.2 Assess MHPSS needs and resources to guide programming

Improved humanitarian MHPSS response

Section 2: Essential components of all MHPSS programmes

MHPSS programmes are well designed, monitored and evaluated and workers are supported

- 2.1 Design, plan and coordinate MHPSS Programmes
 - 2.2 Develop and Implement an M&E System
 - 2.3 Care for staff and volunteers providing MHPSS
 - 2.4 Support MHPSS competencies of staff and volunteers
- Organizations engaged in any type of MHPSS activity should implement all section 2 activities

No single organization is expected to implement all programme activities. Rather, relevant organizations must coordinate and work together across sectors/AoRs to ensure that activities are implemented and a comprehensive response is delivered.

Section 3: MHPSS programme activities

Orient humanitarian actors and community members on MHPSS

- 3.1 Orient humanitarian actors and community members on MHPSS and advocate for MHPSS considerations and actions
- 3.2 Orient frontline workers and community leaders in basic psychosocial support skills

Strengthen self-help and provide support to communities

- 3.3 Disseminate key messages to promote mental health and psychosocial well-being
- 3.4 Support new and pre-existing group-based community MHPSS activities
- 3.5 Provide early childhood development (ECD) activities to support young children and their caregivers
- 3.6 Provide group activities for children's mental health and psychosocial well-being
- 3.7 Promote caregivers' mental health and psychosocial well-being and strengthen their capacity to support children
- 3.8 Promote the mental health and psychosocial well-being of education personnel and strengthen their capacity to support children
- 3.9 Provide MHPSS through women and girls safe spaces

Provide focused support for people impaired by distress or mental health conditions

- 3.10 Provide mental health care as part of general health services
- 3.11 Provide MHPSS as part of clinical care for survivors of sexual violence and intimate partner violence
- 3.12 Initiate or strengthen the provision of psychological interventions
- 3.13 Provide MHPSS through case management services
- 3.14 Protect and care for people in psychiatric hospitals and other institutions

Section 4: Activities and considerations for specific settings

- 4.1 Integrate MHPSS considerations and support into clinical case management for infectious diseases
- 4.2 Provide mental health and psychosocial support to persons deprived of their liberty